

# Salad Menu

## ALL ABOUT SALADS

Includes Crackers and Cookie or Brownie

### CHICKEN SALADS

#### **Chinese Chicken Salad**

Chopped White Meat Chicken  
mixed with Ramen Noodles,  
Cabbage, Carrots, Almonds  
tossed with a Sesame Dressing  
\$8.25

Chicken Salad on Lettuce with  
Tomato Wedges and Fresh Fruit  
\$8.25

Southwest Grilled Chicken  
on top of Greens with  
a Salsa Ranch Dressing  
\$8.25

Grilled Chicken Caesar  
\$8.25

Grilled Chicken with Grilled Pineapple,  
Strawberries and Veggies  
\$8.25

Steak and Blue Cheese on  
a bed of Mixed Greens  
\$9.00

Chef Salad  
Turkey, Ham, Cheese, Tomatoes,  
Cucumbers and Chopped Bacon  
\$7.50

Tomatoes with Feta, Cucumber,  
Black Olives and Olive Oil  
\$6.50

Tomatoes with Mozzarella,  
Roasted Red Peppers and Fresh Basil  
\$6.50

Spinach Salad with Mandarin Oranges,  
Bacon, Toasted Almonds  
\$6.50

Mixed Greens with Grilled Salmon Filet  
\$9.00

#### **Salad Nicoise**

Albacore Tuna, New Potatoes, Olives,  
Blanched Green Beans and  
Hard Boiled Eggs on Romaine  
\$8.75

Grilled Vegetables, Zucchini, Yellow Squash,  
Red Peppers, Black Olives and  
Tomatoes served on Mixed Greens  
\$6.50

#### **Greek Salad**

Romaine Lettuce with Feta Cheese,  
Grape Leave Rolls, Kalamata Olives,  
and Cucumbers with Mediterranean Feta  
Dressing  
\$8.25

Shrimp Salad or Beer Steamed Shrimp  
on Mixed Green with Veggies Salad  
\$9.00

**Some salads are seasonal salads. Whenever possible we use Farmers Market Produce**

# Selma's Catering

Phone: 859-971-2763  
Cell: 859-396-4357

1500 Bull Lea Road, Suite 130  
Lexington, Kentucky 40511

[selmacooks@aol.com](mailto:selmacooks@aol.com)  
<http://www.selmacatering.com>